

The 'Me' Dice Activity:

Context:

Use with groups who have recently formed or need a basic introduction to self-awareness, and need to get to know each other and develop a sense of diversity within the group.

Level/Group:

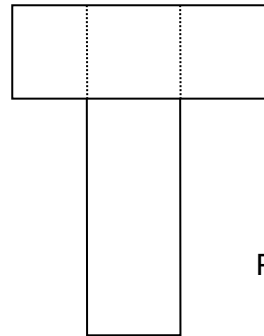
Any group/level. Helps if students like being creative.

Method:

- Give each student a blank piece of A4 paper. Ask them to fold it in half length ways and tear into two. Take each long piece and fold into thirds. (see picture A)
- Ask students to write or draw 1 thing about them in each box (on the long piece with 3 folds). These can be anything...depending on subject being covered (E.g. something you are good at. Favourite body part. Where you'd like to be in 5 years. Something you have achieved. Favourite people or person. Happiest memory).
- When students have filled all six boxes ask them to put their two pieces together in the shape of a T, with the writing/drawings facing towards them. (see picture B). Stick parts together. Then fold vertical piece up and sellotape the end to the top of the horizontal piece - stick the sides together to make a cube.



Picture A



Picture B

- Students can then share their dice and what's on it with each other (either in pairs or as a whole group).