

# How do you feel?



This is a simple game that allows tutors and learners to explore and discuss how they feel about sexual orientation and gender stereotyping as well as to challenge learners' perceptions. The game uses appropriate, simple language and images that learners will be familiar with.

# How to play

## How do you feel?



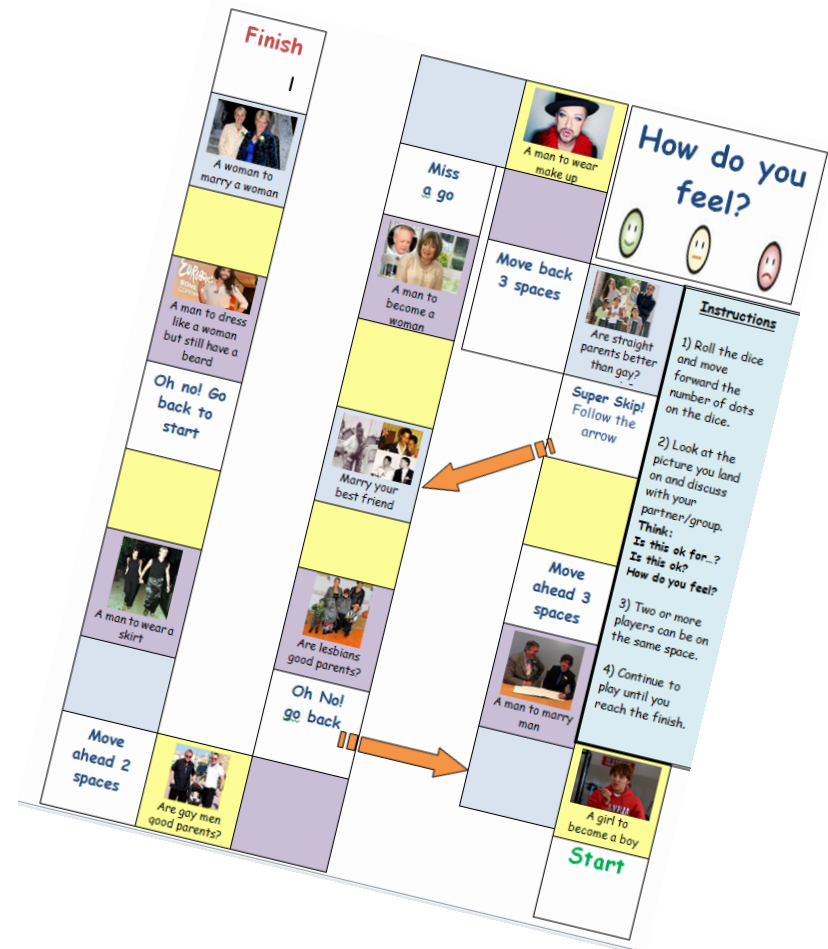
- Game can be played in small teams (suggest 3), pairs or as individuals – up to 4 teams/players per game.
- Each team/player chooses a counter and places it on the square marked “Start”.
- Discuss and agree who will go first .
- Players then take it in turns to shake the dice and move along the board, following any instructions given on the landing space.
- Use the set of cards as larger images to help stimulate discussion.
- The game ends when a player(s) get the exact number on the dice to land on the “Finish” square.

# What you will need

- A board (needs to be printed on A2 paper)
- A set of cards (A5 size)
- A dice
- 4 different colour counters



# How do you feel?



# Finish



A woman to marry a woman



A man to dress like a woman but still have a beard

Oh no! Go back to start



A man to wear a skirt

Move ahead 2 spaces



A man to wear make up

Miss a go



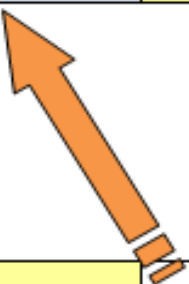
A man to become a woman

Move back 3 spaces



Are straight parents better than gay?

Super Skip! Follow the arrow



Move ahead 3 spaces



A man to marry a man



Oh No! go back



Are lesbians good parents?



Are gay men good parents?

## How do you feel?



### Instructions

- 1) Roll the dice and move forward the number of dots on the dice.
- 2) Look at the picture you land on and discuss with your partner/group.  
Think:  
**Is this ok for...?**  
**Is this ok?**  
**How do you feel?**
- 3) Two or more players can be on the same space.
- 4) Continue to play until you reach the finish.



A girl to become a boy

Start

# Teacher Tips

## How do you feel?



- The point of the game is to create an atmosphere where learners feel comfortable and confident enough to discuss and explore their feelings about aspects of sexuality
- Ensure learners respect each others' feelings, beliefs and the need for confidentiality before beginning the game
- Some learners will try to focus on winning – use the cards as visual prompts to slow them down and get them talking
- Remember to use the appropriate vocabulary, some of this may be new to learners.
- Happy gaming, observing and enlightening!

## Lesbian Marriage



Claire Balding (Sports Presenter) and Alice Arnold

Is it OK for a man who dresses as a woman to keep his beard?



Conchita Wurst  
Eurovision Song contest winner

## Can a man wear a skirt?



A Sarong



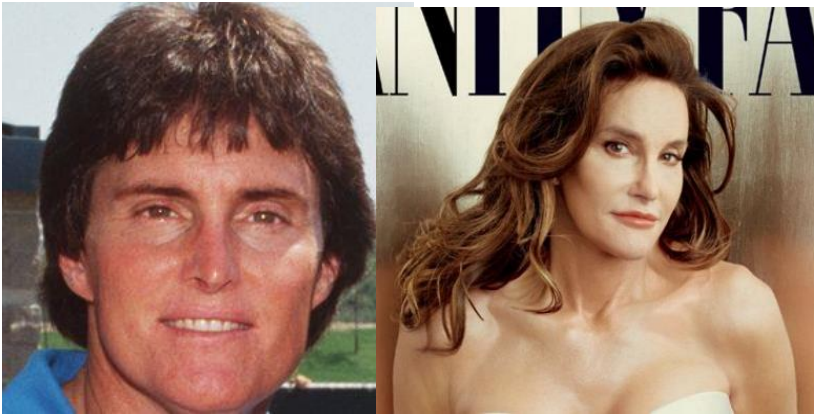
A Kilt

## Can Gay men be good parents?



Elton John and David Furnish have 2 children. Elton is 68!

**Can a man decide to become a woman?**



Bruce decided to change his sex and became Caitlyn Jenner

**Is it OK to marry your best friend?**



Michelle and Barack Obama have been best friends since school



## Can lesbians make good parents?



Mary Portas (Queen of Shops) and Melanie Rickey with their son Horatio

## Can a man wear make up?



Grayson Perry - Artist



Boy George - singer

## Gay Marriage



George Takei from Star Trek

## Can straight people make good parents?



Mr and Mrs Beckham and family