

Boxed Identities

Gender identity is...

What is between your ears, not what is between your legs

Boxed Identities

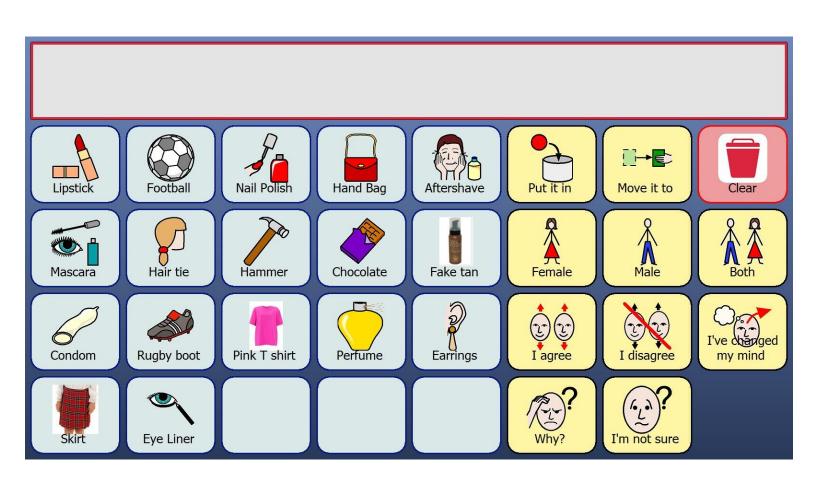
This warm-up activity is to engage and elicit discussion on gender and people's perceptions.

Several items of every day life are taken out of a box and learners are asked to give their opinion on whether they are used by males, females or both males and females.

Objects are put into 3 groups, allow for differences in opinion.



Boxed Identities: Communication aid users



This activity is accessible to Alternative and Augmentative Communication (AAC) users.

A context specific page can be set up to allow learners to engage in the discussion and share their views on the objects of gender.



- Set ground rules at the beginning of the session e.g. respect differences of opinion.
- The objects in the box are open to different ideas, but they must match the options used by AAC learners.
- Do not influence learners' choices as to which group they think specific objects should go into.
- Allow time for AAC users to make their contributions.
- This is a great warm-up activity to focus a group discussion on gender identity.
- Refer to session plan for further activities and discussions.



Embrace who you are

Whilst you watch – answer these questions:

- 1 Do you think this person is happy at the start or the end of the video- why?
- 2 Is it easy for someone to struggle with their gender identity?

https://www.youtube.com/watch?v=uo6M9Rvsmfl



Embrace who you are

- After watching the video, learners share their opinions in pairs/ threes from the question prompts.
- Establish that in order for some people to feel good about themselves and feel 'right' they wish to change their gender.

Boxed Identities: Extension Activity



Changing identity

The image of Chasity and Chad Bono is about changing from a female to a male.

Ask learners to consider the following in groups. What changes can you see? (elicit hair, clothes, facial hair, breasts)

What changes can you not see but may think about? (surgery on body parts)

* stress that not all people go through with this procedure.