

Health, wellbeing and learning



Learning from funding in NI



Learning experiences and health improvements impact upon each other

- Learning improving health; improving health to increase engagement in learning

Development of best practice and delivery models

- Accredited training, increased capacity, models of learning

Meaningful engagement with people

- Involvement in development, design and delivery of projects

Successful partnership working

- Successful partnerships leading to successful achievements of outcomes

Learning from Wellbeing 2 funding in UK



Key success factors associated with the design and implementation of Wellbeing activities

- Coproduction, including peer educator activities
- Asset based approaches
- Project settings shown to be important
- Reducing social isolation through group activities
- Providing opportunities to develop skills, re-engage with learning and training and progress into volunteering or employment